



Race Results

RACE #1 – MAY 8, 2018

BirdsHillDuathlon.com / WinnipegTriathlon.com

Weather: 17°C, Cloudy, 16km/h East Wind, Participants: 143

Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

Male 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Bryce Jenkins	Tri MB	35:21	6:25	21:45	28:09	7:12	50
2	Noah Wiens	Windburn	36:12	6:23	23:08	29:30	6:43	40
3	Unai Ajuraiz-Zenan	Tri MB	37:11	6:23	24:15	30:37	6:34	31
4	Samuel Blaquiere	Tri MB	43:41	7:58	28:11	36:09	7:33	23

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Joshua Molenchak	Windburn	34:19	6:04	21:54	27:58	6:22	50
2	Lucas Roy	Tri MB	36:02	6:24	23:03	29:26	6:37	30
3	Cameron Krisko	WTC	39:24	7:15	25:15	32:30	6:55	32
4	Marin Kecman	Tri MB	41:33	7:57	25:55	33:52	7:42	23
5	Jason Schram	Tri MB	45:23	9:11	27:45	36:56	8:28	16

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Matthew Tessier	WTC	41:10	6:34	27:10	33:43	7:27	50
2	Ryan Awang	Tri MB	44:01	8:48	26:58	35:45	8:16	40
3	Mathieu Beaumier		56:32	9:39	36:36	46:15	10:17	31

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Henry Moesker		42:13	8:37	24:44	33:21	8:52	50
2	Kevin Wolk	Triple Threat	43:19	8:16	26:40	34:56	8:23	40
3	Grant Boissonneault	Tri MB	44:59	9:09	26:42	35:51	9:08	31
4	Matthew Epp	Tri MB	45:55	9:38	27:14	36:52	9:03	23
5	Kyle Blaquiere	Tri MB	46:29	9:41	28:36	38:17	8:13	16
6	Paul Skrecek	Tri MB	46:42	8:37	27:54	36:31	10:12	
7	Erik Smith	Tri MB	47:15	9:03	28:41	37:43	9:32	
8	Erid Mendoza	Sulong	47:20	8:54	29:12	38:06	9:15	
9	Mike Morawski	Tri MB	50:31	10:06	30:42	40:48	9:44	
10	Alan Neumann	Tri MB	56:24	11:10	32:56	44:06	12:19	
11	Sean Nikkel	Tri MB	1:00:49	11:45	36:59	48:44	12:06	
12	Herb Blackwood	Tri MB	1:02:15	10:32	38:34	49:05	13:10	

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Tim Rogalsky	Tribalistic	44:29	8:08	28:14	36:22	8:08	50
2	Jim Wernham	Triple Threat	45:12	9:01	26:43	35:44	9:28	40
3	Pascal Gariepy	Tri MB	45:19	8:14	28:16	36:30	8:50	31
4	David Markham	Tri MB	47:00	9:36	27:01	36:36	10:25	23
5	Tony Hoess	Tri MB	47:50	11:02	26:52	37:54	9:56	16
6	Rene Desaulniers	Tri MB	49:56	10:14	29:42	39:56	10:01	
7	Ken Chartrand	Tri MB	54:45	11:52	31:40	43:31	11:15	

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Sam Neis	Sulong	1:05:51	14:53	36:36	51:28	14:23	50

Male 70+ Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Bob Groff	Tri MB	54:22	11:47	30:49	42:36	11:46	50

Female 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Annika Niblock	Tri MB	41:46	7:39	26:46	34:25	7:21	50
2	Morgan Ott	Tri MB	41:59	8:10	25:31	33:41	8:19	40
3	Megan Vanheyst	Tri MB	43:50	7:46	27:27	35:13	8:38	31
4	Rebecca Silk	Tri MB	46:49	8:30	29:25	37:55	8:55	23
5	Courtney Tosh	Tri MB	49:47	8:23	32:41	41:04	8:44	16
6	Emily O'Shea	Tri MB	1:01:22	11:49	38:36	50:24	10:59	

Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Shannon Hargreaves	Tri MB	49:51	9:38	30:27	40:04	9:47	50
2	Erin Rafferty	Tri Factor	52:43	11:01	30:56	41:57	10:47	40

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jennifer Finateri	Tri MB	45:45	8:42	28:43	37:24	8:22	50
2	Jessica Manness	Tri MB	48:38	9:57	28:01	37:58	10:41	40
3	Natalie Lopes	Tri MB	49:35	8:41	31:58	40:38	8:57	31
4	Debbie Thiessen	Tri MB	49:43	9:34	31:00	40:34	9:10	23
5	Angie Enns	Tri MB	51:02	10:45	30:20	41:05	9:58	16
6	Stephanie Collins	Sulong	57:14	11:55	33:25	45:20	11:55	
7	Amanda Peters	Tri MB	59:00	12:20	33:55	46:14	12:47	
8	Jennifer Beirnes	Tri MB	1:01:17	11:27	37:13	48:40	12:38	

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Christa Rusk	Windburn	39:39	7:57	23:44	31:40	7:59	50
2	Debbie Kelly	Triple Threat	48:58	10:12	28:38	38:49	10:10	40
3	Maria Quintas	Sulong	49:16	10:37	28:14	38:50	10:26	31
4	Tracie Goertzen	Tri MB	57:12	10:35	35:54	46:29	10:43	23
5	Julie O'Shea	Tri MB	1:01:24	11:49	38:36	50:24	11:00	16
6	Val Hiebert	Tri MB	1:07:18	13:25	39:44	53:09	14:10	
7	Jacqueline Neumann	Tri MB	1:09:58	14:52	39:30	54:22	15:36	

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Kerri Drosdowech	Tri MB	47:45	8:44	29:44	38:27	9:19	50
2	Debbie Bennett	Sulong	49:58	10:00	30:24	40:24	9:35	40
3	Debbie Barnes	Tri MB	51:07	10:59	29:12	40:11	10:57	31
4	Tima Faria	Tri MB	52:11	10:00	32:40	42:40	9:32	23
5	Cindy Wenzoski	Tri MB	52:35	10:20	32:43	43:02	9:33	16
6	Cheryl Nachtigal	Tri MB	57:07	11:46	33:25	45:10	11:57	
7	Sheila McNeil	Tri MB	57:38	10:35	36:38	47:12	10:27	

Female 60-69 Category Results 69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Nicole Mercier	Tri MB	52:39	11:34	30:36	42:10	10:30	50
2	Wanda Mathers	WTC	DNF	20:13				

Adult Long Duathlon – 4km Run + 24km Bike + 4km Run

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Jeff Van Rosmalen	WTC	1:11:47	13:46	43:41	57:27	14:20	50
2	Anthony Densmore	WTC	1:15:15	15:39	44:39	1:00:18	14:57	40
3	Phillip Pawluk	Triple Threat	1:23:19	16:42	49:53	1:06:35	16:45	31
4	Andrew Kaminsky	Tri MB	1:33:38	20:12	52:40	1:12:51	20:48	23

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Dave Lipchen	Windburn	1:09:52	14:15	40:35	54:50	15:03	50
2	Craig Finlay	Tribalistic	1:14:04	16:18	42:09	58:26	15:39	40
3	Jason McNicholl	Windburn	1:14:13	16:00	42:21	58:20	15:53	31
4	Romel Marquez	Triple Threat	1:17:38	16:41	44:08	1:00:49	16:49	23
5	Andrew Stuart-Edwards	Tri MB	1:21:47	16:13	48:05	1:04:17	17:30	16
6	Dale Nesbitt	Triablistic	1:25:52	19:12	48:54	1:08:05	17:47	
7	Ryan McBride	Tri MB	1:39:48	21:40	55:02	1:16:41	23:07	

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Marc Fournier	Triablistic	1:08:53	14:26	39:22	53:48	15:06	50
2	Marc Hache	Tri MB	1:21:16	17:50	45:34	1:03:24	17:53	40
3	Dale Bigelow	Tri MB	1:29:17	20:09	48:02	1:08:10	21:08	31
4	David Fielder	WTC	1:32:51	20:14	52:04	1:12:17	20:35	23
5	Sean Slavik	Tri MB	1:32:57	20:36	51:59	1:12:35	20:23	16

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Randall Holm	WTC	1:33:00	20:15	51:54	1:12:09	20:51	50

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Brenna Coupland	Tri MB	1:17:47	15:43	46:05	1:01:47	16:00	50
2	Heather McDonell	Triple Threat	1:18:19	16:13	45:52	1:02:04	16:15	40
3	Agnieszka Giegel	Triablistic	1:22:29	17:51	46:21	1:04:11	18:18	31
4	Kim Luong	Sulong	1:31:54	18:15	56:07	1:14:21	17:33	23

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Anne Barkman	Tri MB	1:33:49	20:15	53:00	1:13:15	20:34	50

KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

Male 6-9 Category Results

Place	Name	Club	Time	Points
1	Isaac Nichol	Tri MB	8:37	50
2	Jack Kreviazuk	Tri MB	9:02	40
3	Broden Kozakowski	Tri MB	9:31	31
4	Tyler Lenius	Tri MB	9:36	23
5	Westyn Debreuil	Tri MB	10:01	16
6	Nolan Morawski	Tri MB	10:39	
7	Carson Flock	Tri MB	11:28	
8	Brady Lucko	Tri MB	14:25	
9	Martin Beirnes	Tri MB	14:42	
10	Aiden Lucko	Tri MB	15:06	
11	Xade Paquin	Tri MB	15:33	

Male 10-11 Category Results

Place	Name	Club	Time	Points
1	Draycen Ralph	Tri MB	7:07	50
2	Yacine Mendoza	Sulong	8:15	40
3	Darius Schreimer	WTC	8:46	31
4	Nolan Kozakowski	Tri MB	8:47	23
5	Leonardo Phelps	Tri MB	8:55	16
6	Adam Boissonneault	Tri MB	9:55	
7	Andrew Littleton	Tri MB	10:06	
8	River Gariepy	Tri MB	10:26	
9	Evan Morawsh	Tri MB	10:39	
10	Joseph Ovid	Tri MB	10:43	
11	Liam Sheffield	Tri MB	10:48	
12	Joshua Sanders	Tri MB	11:25	
13	Adrian Moore	Tri MB	12:21	
14	Trevor Sippola	Tri MB	13:24	
15	Elliott Saydak		13:47	

Female 6-9 Category Results

Place	Name	Club	Time	Points
1	Asha Gariepy	Tri MB	10:35	50
2	Veronica Schriemer	Tri MB	11:02	40
3	Madelyn Bittner	Tri MB	11:12	31
4	Amelia Nichol	Tri MB	11:30	23
5	Senia Mendoza	Sulong	12:20	16
6	Lianne Beirnes	Tri MB	14:06	
7	Abigail Schellenberg	Tri MB	14:33	

Female 10-11 Category Results

Place	Name	Club	Time	Points
1	Amelia Fournier	Triablistic	8:23	50
2	Julie Moesker	Tri MB	8:37	40
3	Emily Gradt	Tri MB	9:52	31
4	Mackenzie Jonker	Tri MB	10:49	23
5	Grace Takeuchi	Tri MB	10:57	16
6	Aubrey Boughen	Tri MB	11:32	
7	Avery Ganet-Pawluk	Triple Threat	11:58	

KOS Long Duathlon – 400m Run + 13km Bike + 2km Run

Male 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Chase Bueckert	Tri MB	40:33	1:10	31:31	32:41	7:52	50
2	Darian Schriemer	WTC	43:12	1:24	32:04	33:28	9:45	40
3	Fayt Paquin	Tri MB	47:36	1:30	35:49	37:19	10:17	31

Male 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Blake Harris	Tri MB	30:16	1:05	22:31	23:36	6:41	50
2	Benjamin Swajcer	MTC	34:19	1:04	25:50	26:53	7:27	40
3	Carter Ranville	Tri MB	43:57	1:14	31:59	33:13	10:45	31
4	Ethan Szajewski	Tri MB	43:57	1:15	31:32	32:47	11:11	

Female 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Madison Firlotte	Tri MB	38:00	1:16	27:26	28:41	9:19	50
2	Maggie Malkoske	Tri MB	39:38	1:17	29:34	30:50	8:48	40
3	Kylie Cocks-Loder	Windburn	40:54	1:25	29:39	31:03	9:51	31
4	Hannah Moesker	Tri MB	45:28	1:19	32:09	33:27	12:01	23
5	Kendra Harris	Tri MB	47:25	1:36	34:58	36:33	10:52	16
6	Isabel Cwiak	Tri MB	51:23	1:39	35:21	37:00	14:24	

Female 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Naomi Brown	Tri MB	37:31	1:17	27:30	28:46	8:45	50
2	Natalie Fournier	Triablistic	37:33	1:08	28:29	29:37	7:56	40
3	Emma Malkoske	Tri MB	40:21	1:38	29:05	30:42	9:39	31

Results:

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact our Race Director, John Gray at du.in.the.park@gmail.com
- Please see BirdsHillDuathlon.com for information about the series and series' points totals

Thanks to:

- **Race Organizers:** John Gray (Race Director) & Winnipeg Triathlon Club
- **Sponsors:** Woodcock Cycle Works, Stride Ahead Sports, Intrinsic Massage, Tractus Projects, Alan Reiss Re/Max, Vic's Market, Jem Insurance
- **Officials:** Deb Hnatiw (Head Referee), Leo Savoie, Bonnie McKissock, Tara Gill, Cherrie Fournier, Ainsley O'Neill, Brendan Friesen
- Triathlon Manitoba
- Canadian Motorcycle Cruisers
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- **Official Race Truck:** Murray Chevrolet



stride ahead ●●●
the running store

