

2020

BirdsHillDuathlon.com



WTC Birds Hill Duathlon in the Park Info Sheet

Welcome

WTC Birds Hill Duathlon in the Park is Manitoba's premier duathlon series. Races are held on the **last four Tuesday** evenings in May.

This **Run + Bike + Run** race series has been held annually for over 35 years. It starts & ends in the "East Beach" parking lot. Organized by Winnipeg Triathlon Club, all races will feature great on-site prizes and refreshments for all participants.

Brought to you by



Highlights

- ▶ **Pre-register for all four races** before 11:59 PM CDST Saturday, April 18th, 2020 and receive a \$20 gift card from Woodcock Cycle Works.
- ▶ Timing provided by Steve from Results Canada. Note there is a \$40 charge if you lose your timing chip.
- ▶ Online registration for each race **closes at 11:59pm CDST** on the previous **Saturday**. Walk up registration is available for an additional \$5 if the race is not sold out.
- ▶ BBQ will be held at the last race, weather permitting. Grand Prize Draws will occur at the last race no matter what the weather.
- ▶ Gift certificates, generously donated by Woodcock Cycle Works, will be awarded for category winners.
- ▶ \$20 Woodcock Cycle Works gift certificates will be given to 3 randomly selected pre-registered racers at each race.

Race Distances

Ages are based on the end of this year (Dec 31)

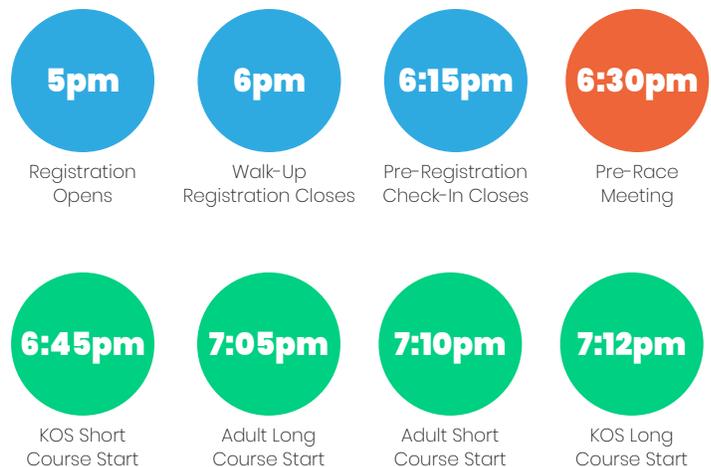
- ▶ Adult Short (Ages 16+) **2km Run + 13km Bike + 2km Run**
- ▶ Adult Long (Ages 18+) **4km Run + 24km Bike + 4km Run**
- ▶ Kids of Steel Short (Ages 6-11) **200m Run + 13km Bike + 400m Run**
- ▶ Kids of Steel Long (Ages 12-15) **400m Run + 13km Bike + 2km Run**

You can switch events without penalty on race day when you pick up your race bib. Note doing so takes some time so plan accordingly. Registration cannot be transferred between racers or race dates. **No refunds will be given.**

All racers must have Triathlon Manitoba insurance to race in any of the Birds Hill Duathlon in the Park events. You are insured if you are a Tri Manitoba member. If it cannot be established that you are when you register for a race, you will be charged **\$10 for Tri MB one day insurance**. A refund will be made if it is later established that you were a member on race day. Note that Tri MB insurance does not provide any personal injury coverage.

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Important Times



Fees

Adult

- Online price: **\$20**
- Walk-ups (non pre-reg) **\$25**
- Non-Tri MB members: **add \$10**

Kids of Steel (KOS)

- Online price: **\$10**
- Walk-ups (non pre-reg) **\$15**
- Non-Tri MB members: **add \$10**

Continuing From Last Year

- ▶ Only pre-registered/paid racers have until **6:15pm** to sign in and pick up their timing chip and race bib. You will not be permitted to race otherwise.
- ▶ On site registration booth opens at 5:00pm and **closes at 6:00pm**. Any new walk-up registrations not in line by 6:00pm, will not be processed or permitted to race. We encourage online registration to save yourself time and the \$5 walk-up fee.
- ▶ Cash or cheque (payable to **Winnipeg Triathlon Club**) only at walk up registration.
- ▶ **Para-athletes:** Please contact the Race Director, John Gray, at du.in.the.park@gmail.com as soon as possible so we can make arrangements.
- ▶ A race may be canceled by the Race Director/Tri MB Officials if conditions (e.g. severe weather) dictate doing so. Racers are not entitled to a refund or a gratis entry in a subsequent race if a race is canceled for reasons beyond the Race Director's control.

General

Food

Bananas and refreshments will be available after each race, but only enough to help tell a few war stories. Hot dogs and similar fare are available for purchase.

Cutoff Times

For the safety of volunteers, race staff, and racers, there is a bike cutoff time. If a racer has not completed the bike leg within **1 hr 15 min** from the start of the Adult Long race, they will not be permitted to start the second run. The racer will be assigned a DNF (did not finish) in the race results.

Our Sponsors



Grand Prizes

Gift Card from City Park Runners

\$200/Adult Male + Female

\$150/KOS Male + Female



\$350 Bike Fit with Woodcock Cycle Works



How to Enter

Step 1: Register online. The following 7 random names will be drawn from the online registrants each week:

- 2 Adult male
- 2 Adult female
- 1 KOS male
- 1 KOS female
- 1 Extra name from the early bird draw

NEW THIS YEAR

Only online registrants will have to the chance to be drawn.

Qualifier & Winner Names

Each week, 7 names are drawn and added to the qualifier pot for a total of 28 qualifiers. Names will be posted on each race result page, so check to see if your name was drawn.

At the 4th and final race, the winners will be drawn from the qualifier pot for each grand prize.

Grand prize winners MUST be present and immediately claim the prize if your name is drawn. If you are not or don't, there will be a prompt re-draw.

Bonus Entry

Register online for all 4 races **before April 19th** and you will be placed in a bonus draw. At each weekly race, one bonus qualifier name will be drawn from this group and added to the final draw.

Winning Draw

Winners of the City Park Runners Grand Prize Gift Cards will be drawn at the beginning of the **pre-race meeting at the May 26, 2020 race**. Immediately thereafter, the winner of the Bike Fit from Woodcock Cycle Works will be drawn from the adult draw entrants who did not win a City Park Runners Grand Prize Gift Card.

Prize Money

▶ There are 2 series winners (one male and one female) for each of the 4 race series (KOS Short and Long, Adult Short and Long). That's 8 winners total. Each winner will be mailed a \$25 Woodcock Cycle Works gift certificate.

▶ The points earned by the winner of each of the age group will be compared (**best 3 of 4 races**). The racer with the most points wins their category of race series. In the event of a tie (e.g., each racer has 150 points), the racer with the fastest time in any of the series races will be the winner.

▶ Point Values

| 1st | 2nd | 3rd | 4th | 5th |
|------|------|------|------|------|
| 50pt | 40pt | 31pt | 23pt | 16pt |

▶ In the event of a tie within an age group, the racer with the fastest time in the last race the tied racers raced head to head, will be declared the winner.

▶ Decisions made by the Race Director regarding all aspects of the race series are final.